

NOW Foods Cayenne, 500mg, 250 Vcaps > Customer Reviews

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26 people found this helpful

# I don't get sick anymore

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

# Top critical review

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#### **Three Stars**

By Thomas Mork on March 17, 2017 not to sure its helping but be prepared it warms your belly

# \$5.00 off coupon

on Crest 3D White Whitestrips with Light, 10 ct. Offer ends on or before Apr 30, 2017

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## It Only Mildly Ignites Your Stomach

By Ap stundent on November 26, 2015

Package Quantity: 1 Verified Purchase

As other reviewers have noted, it most certainly ignites your stomach. I have always taken a capsule on a full stomach and 20-30 mins later you start to feel it. However its not overly painful or anything. I am relatively sensitive to spicy food but can easily handle these. As far as the benefits are concerned I am not sure I have seen any tangible results but that is a common thing with all of these supplements.

Comment 3 pe

3 people found this helpful. Was this review helpful to you?



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#### **Five Stars**

By cbrown on November 16, 2015
Package Quantity: 1 Verified Purchase

Great product.

Comment

One person found this helpful. Was this review helpful to you?



No

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## highly recommended

By happy on November 14, 2015

Package Quantity: 1 Verified Purchase

Ordered this for a friend who was getting lots of headaches and blood pressure was extremely high, after taking for three days, pressure is fine and headaches are gone.....great product....a must have in the home.

Comment

15 people found this helpful. Was this review helpful to you?



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No Report abuse

#### Good

By Michael L. Buckwheat on November 2, 2015

Package Quantity: 1 Verified Purchase

Good

Comment

One person found this helpful. Was this review helpful to you?



No

Report abuse

# Questions? Get fast answers from reviewers

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

See all 9 answered questions

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\$4.74 - \$14.97

188



Solaray Cool Cayenne 600 mg VCapsules, 180 Count by Solaray \$12.46

64



Nature's Way - Cayenne, 450 mg, 180 capsules by Nature's Way \$10.45

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Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit... by Pure Mountain Botanicals \$15.67

45

## Too much heat for my stomach

3/30/2017

By Amazon Customer on November 2, 2015

Package Quantity: 1 Verified Purchase

Really sets my stomach on fire! Eat a ton prior to using this one.

Comment 2 people found this helpful. Was this review helpful to you? Yes

No

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## The capsaicin helps with my arthritis

By Conic Ellipse on October 21, 2015

Package Quantity: 1 Verified Purchase

I discovered that when I ate a small amount of hot sauce each day, that my arthritis pain went away. I don't always eat foods that I would put hot sauce on, though. When that happens, I take one of these instead to get my capsaicin. I don't get heartburn from them when I stay upright for a while after taking it. The capsule are easy to swallow. I plan to order more when I need it.

Comment

6 people found this helpful. Was this review helpful to you?

Yes

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## Could be hot for some people. after about 30 ...

By Kassi on October 19, 2015

Package Quantity: 1 Verified Purchase

Could be hot for some people. after about 30 or so mins of taking you can feel the warmth of the spice. on my my second bottle

Comment

2 people found this helpful. Was this review helpful to you?

Yes

No

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#### meh

By Michael on October 18, 2015

Package Quantity: 1 Verified Purchase

I'm sensitive to spicy foods but I love the taste of them so thought maybe these would help me adjust better but actually didn't do anything at all after a month of use.

Comment

Was this review helpful to you?

Yes

No

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#### **Four Stars**

By Charles Vine on October 16, 2015

Package Quantity: 1 Verified Purchase

Solid product; as described.

Comment

One person found this helpful. Was this review helpful to you? No



Nature's Way Cayenne Pepper, 450 mg, 180 Capsules (Pack of 2)

by Nature's Way

\$18.08

122

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### **Five Stars**

By Jeffrey T Heinisch on October 13, 2015

Package Quantity: 1 Verified Purchase

### Great Job!

Comment Was this review helpful to you? Yes No Report abuse



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